

# PHYSICAL THERAPY

*Improve your strength and balance.*

**Joint Replacements**

**Fractures**

**Heart Conditions**

**Strokes**

**Balance Disorders**

**Weakness**

**Arthritis**

## **Benefits of Physical Therapy**

- Improve balance to decrease risk of falls
- Build leg strength so it is easier to sit, stand and use your walker or cane
- Increase and maintain overall muscle strength and endurance
- Restore and increase joint range of motion
- Reduce joint swelling/inflammation
- Decrease pain which will increase mobility
- Receive a personalized home assessment and exercise program, including education for you and your caregivers

## Evaluation & Treatment

Your therapy goals will be person-centered, reflecting your diagnosis, needs, and abilities. Quantity and length of treatments are dependent upon your abilities and progress with goals.

## Stand & Walk Sooner

The Guldmann GH2 track-mounted ceiling lift provides the sense of security necessary to improve balance and walking quality, thereby allowing the patient to stand and walk sooner.

**Transitions**  
Rehabilitation  
at Wissota Health  
and Regional Vent Center

### **Wissota Health and Regional Vent Center**

2815 County Hwy I  
Chippewa Falls, WI 54729

**715-225-9633**

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[www.wissotahealth.com](http://www.wissotahealth.com)  
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